



Like 'da Fish SCUBA



Schedule

| Date | Time | Topic | Location |
|-------------------------|-----------------------|------------------------|----------------------------|
| Sunday March 19, 2017 | 1:00 pm - 5:00 pm | Dive Tables, Equipment | Like 'da Fish |
| Sunday April 9, 2017 | 8:30 am until 6:30 pm | Pool Session | Greater Scranton YMCA |
| Sunday April 23, 2017 | 8:30 am until 6:30 pm | Pool Session | Greater Scranton YMCA |
| Saturday April 29, 2017 | 7:00 am until 5:00 pm | Open Water | Dutch Springs, Hecktown |
| Sunday April 30, 2017 | 7:00 am until 3:00 pm | Open Water | Dutch Springs, Hecktown |

SCUBA Course - 2017 Spring Weekend Program

The course will use a combination of E-Learning and hands on education sessions.

CLASS is Limited to 8 Students - Register and Start E-Learning EARLY

Registration Closes March 1, 2017

Cost: \$499

Does not includes 2 days admission to Dutch Springs.

Students are responsible to purchase their own mask, snorkel, fins, boots, and log book.

Equipment can be purchased from Like 'da Fish.

All remaining dive equipment will be provided for the course, **EXCEPT** in the case of a sizing conflict.

If a student's size is outside the available equipment range, they will be responsible to provide that equipment.

Must be at least 13 years old. Persons under 18 must be accompanied by parent or guardian.

YOU MUST BE ABLE TO SWIM

Some medical restrictions apply!

Contact Like 'da Fish at 570-499-1911

or by e-mail at fbales@like-da-fish.com

see next page for more information

DIVE CLASS IMPORTANT THINGS TO KNOW

STOP – Before making any payment or registering for a class you must review, sign and return our risk statement, liability waiver, and medical history forms.

Thank you for the interest in scuba diving and Like 'da Fish. I have enclosed a flyer for your review. However, for ease here is the break down.

- Course Cost \$499. Refunds are not offered. **Fee does not include 2 day admission to Dutch Springs for open water dives.**

The following are some important considerations:

- Jr Diver certification is available for 10-14 year olds, while full certification requires the student to be at least 15 years of age. Call to discuss, other restrictions apply. Please call if diver is under 15 years of age.
- Students UNDER 18 must bring a legal guardian with them to sign registration paperwork. Additionally, those under 18 must have a legal guardian present during water sessions or readily available in the area. Call Like 'da Fish to discuss.
- You are expected to provide at a minimum a mask, snorkel, fins, and boots; which runs between \$200 and \$250, available from Like 'da Fish. You should have a watch, rated for at least 100 meters (Target, Walmart, etc.)
- For this class, all other required equipment will be provided, for use during the class, unless you are outside of our size ranges. In such cases, we can guide you on how to purchase any needed equipment.
- All other required equipment for the class will be provided by Like 'da Fish, unless unique sizing is required. In such cases, we can guide you on how to purchase any needed equipment.
- We strongly encourage you to start purchasing your dive equipment as soon as possible, so that you can enjoy a life time of dive adventures.
- Students must pre-register no later than registration date, provided on the specific class flyer. Class is limited to 8 students.
- OPEN WATER DIVES will be conducted at Dutch Springs in Hecktown, PA. Approx. 1 ¼ hours south of Scranton. Students are responsible for their own transportation to the site.
- A medical history form is required, see attachment. If any student needs to answer yes to any question on the medical history form, you will need to take the medical documents to your physician's to be reviewed and approved by your family doctor.
- Being a comfortable swimmer is a requirement before diving begins. You should be able to tread water for 10 minutes (it's easy, can you float?); Swim comfortably for several laps (220 yards) (it's not a race SLOW DOWN), and swim under water. Seriously, you need to be comfortable in the water; this is not the place for non-swimmers.
- Students should wear a bathing suit, under their street clothes, to ALL sessions.
- The academic portion of the course includes self-study and instructor led learning. Diligence to studying course material is required. Access to the internet is required.
- Mastering the subject matter and skills of scuba diving are largely dependent on you. You must be willing to accept the risks and responsibilities for your own actions.
- Certification will only be provided when a student proves competency as a safe diver. If more training time is needed to reach that competency, additional fees will apply. **No Refunds.**
- We will break for lunch mid-day (30 mins max). Bring your own lunch.

In this package you will find a class schedule, a medical waiver, model release, risk review, statement of understanding, time lien for class, refund/remedial/swimming policy, and a liability release.

It is critical that you immediately:

- Review the enclosed medical waiver COMPLETELY. If you need to answer yes to any question, further review by Like 'da Fish and possibly your physician is required.
- Review all other documents carefully.

TURN OVER

- **Contact Like 'da Fish at 570-499-1911 or via e-mail at fbales@like-da-fish.com, with the following information**
 - Confirmation that you have reviewed the medical waiver and any questions that you answered yes to.
 - Confirmation that you have reviewed all the other documents
 - Provide the following information
 - Name
 - Sex
 - DOB
 - Address
 - phone
 - height
 - weight
 - shoe size
 - dress size (ladies)
 - inseam
 - waist

Important Considerations

- In order to complete the academic portion you must have a Windows based computer and internet access. If you do not have such, contact Like 'da Fish.
- WE START CLASS ON TIME.
- It is best if you're a bit early so we can get everyone settled in.
- Students **MUST** wear a bathing, suit under their street clothes, to ALL sessions. BRING A TOWEL.

Contact Lens

- While there is no prohibition against diving with contact lenses, there are some considerations. One consideration is that during training and sometime during actual dive, water may get into your mask. THIS IS NORMAL and should not be a cause for concern. If water is splashed into your eyes, it could dislodge your contacts. Only you know if this is a problem for you. Some people's contacts become dislodged easily others do not. Thus we suggest that divers carefully consider the use of contacts while diving. We would hate to have you lose a contact lens. You can order dive masks with corrective lens. We will discuss in class.
- **The following Quote is taken from the Divers Assistance Network website (http://www.diversalertnetwork.org/medical/faq/Diving_with_Contacts)**

“Divers who wish to wear contact lenses while diving should ask their ophthalmologists or optometrists to prescribe "soft" contact lenses. “Hard” lenses or rigid gas-permeable lenses, the other two commonly prescribed types of lenses, have been found to sometimes cause symptoms of eye pain and blurred vision during and after dives, in which the diver accumulates a significant inert gas load. These symptoms occur as a result of gas bubbles forming between the cornea and the contact lens”